



PRESENTS

# AQUATHLON

5 AUG 2023 | 7.30AM | PUTRAJAYA



**DATE : 5<sup>th</sup> August 2023 - Aquathlon**

**TIME : Aquathlon - 7:30am to 10:00am**

**VENUE : Kompleks Sukan Air Precint 6 Putrajaya**



## **AQUATHLON**

**Junior : 350m Swim / 2.5km Run**

**Senior : 1km Swim / 7km Run**

# EVENT SCHEDULE

<b>FRIDAY, 4 AUGUST 2023</b>		
1.00pm - 6.00pm	Race Kits Collection	DoubleTree by Hilton Putrajaya
<b>SATURDAY, 5 AUGUST 2023</b>		
6.00am	Transition Area Open (Aquathlon)	Kompleks Sukan Air, Race Site
7.10am	Aquathlon Race Briefing	
7.30am	Aquathlon Junior START	
8.15am	Aquathlon Senior START	
9.45am	Prize Presentation (Aquathlon)	
10.00am	Aquathlon CUT OFF	
1.00pm - 6.00pm	Race Kits Collection	DoubleTree by Hilton Putrajaya
3.30pm	MOS Race Briefing	
<b>SUNDAY, 6 AUGUST 2023</b>		
5.30am – 7.00am	Bike Check-in (MOS)	Kompleks Sukan Air, Race Site
7.30am	MOS START (Wave Start)	
5.00pm	Prize Presentation (MOS)	
8.30pm	MOS CUT OFF	
9.00pm	Race Ends	

*Subject to change without prior notice*

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# RACE KITS COLLECTION

Date : 4th - 5th August 2023

Time : 1.00pm - 6.00pm

Venue : Temenggor, Ground Floor

[DoubleTree by Hilton Putrajaya Lakeside](#)

Athletes are required to collect your Race Kits individually. Collection on behalf can only be done if a pre-signed Waiver Form is presented. Signing on behalf is not allowed. It is important that you arrange your time properly when making your travel arrangements to avoid late arrivals.

There will be booths opened during Race Kit collection.

Please take note that it is illegal for someone to race under your name or for you to race under someone else's name.

## **What to bring:**

- Photo ID, Driver's Licence, Passport etc

# ATHLETES WILL RECEIVE

## **Race Number Tattoos**

You will receive 1 set of tattoos of your Race Number in the Race Kit. Your number tattoo is to be applied to your right upper arm.

## **Swim Cap**

You must wear the swim cap provided to you in the Race Kit. The colour of the Swim Cap determine your Race Category and Wave Start.

## **Timing Chip**

You will receive your timing chip in your in the Race Kit.

## **Event T-shirt**

## **Drawstring Bag**

# PRE-RACE INFORMATION

## **How to apply your Race Number Tattoos**

DO NOT apply any body lotion / oil / sun block before applying the tattoos. Your number tattoo is to be applied to your right upper arm. The tattoos can be easily applied by peeling the clear film off, placing the number face-down on your body, firmly pressing the paper side with a damp cloth or sponge, holding for 60 seconds and gently peel back the paper.

In the case your tattoo becomes faulty, please see our friendly staff at the Information Booth who will be able to assist by writing your number/letter on with a permanent marker.

## **Timing Chip**

You will receive your timing chip in your in the Race Kit. No verification is required.

Your chip must be worn on your left ankle at all times during the race. If you do not start the race, you are responsible to return the chip to our staff member or timing team. If you lose your timing chip during the event, there is no replacement. Please notify our timing team immediately after crossing the finish line.

Failure to wear your timing chip on race day, return your chip after the event, or lost timing chip will be charged back to the athlete of RM200. After the race, if you realize you still have your chip, please mail it within 5 business days to:

Kazoku Events

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# RACE DAY INFORMATION

## **Safety Buoys**

Safety buoy is compulsory for ALL athletes. This is a safety requirement. You have to bring your own safety buoy for the event. Anyone found without a safety buoy before swim start, will not be allowed to swim.



## **Cut-Off Times**

The race will officially end 1 hour 45 mins after the final athlete enters the water.

# JUNIOR SWIM & RUN COURSE



*Subject to change without prior notice*

## **Swim Wave Start**

Swim wave start will be according to selected age group and swim cap colour set by Race Official.

# SENIOR SWIM & RUN COURSE



*Subject to change without prior notice*

## **Swim Wave Start**

Swim wave start will be according to selected age group and swim cap colour set by Race Official.

# SWIM & RUN COURSE

## **Cut-Off Times**

Total - 1 hour 45 minutes

## **Wetsuit is Prohibited**

Wetsuits are not allowed due to the temperature of the water.

## **Safety Buoys**

Safety buoy is compulsory for ALL athletes. This is a safety requirement. You have to bring your own safety buoy for the event. Anyone found without a safety buoy before swim start, will not be allowed to swim.

## **Swim Support**

At any time should you require assistance of the water safety team, please raise one arm into the air and they will come to your aid.

## **Other Information**

Athletes must wear the swim caps provided by the Organizer. Fins, paddles, pool buoys, snorkels or any swimming aids are not allowed.



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# MAN OF STEEL TRIATHLON 163

6TH AUGUST 2023  
PUTRAJAYA, MALAYSIA

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